



## Reservations and Release of Liability

We are delighted you will be joining us for our clinic. We accept a limited number of guests each clinic to provide an exceptional individualized experience that is custom tailored to fit a variety of rider's abilities and desired training.

Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_ (cell) \_\_\_\_\_  
Email \_\_\_\_\_  
Age \_\_\_\_\_

Tell us a little about your riding habits.

\_\_\_\_\_**Absolute beginner:** I have never ridden on single track trail, or I scared myself so much on my first trail ride and never rode again but I want to ride.

\_\_\_\_\_**Beginner:** I rarely or have never stood up in the pedals. I have not ridden much single track, but can ride very easy trails w/out obstacles. I lose my balance, as I am scared of exposure on trails. I have a huge fear of crashing over the bars. I cannot lift my front wheel to ride over a curb.

\_\_\_\_\_**Advanced beginner:** I can stand up at 3 and 9 o'clock on the pedals. I can stop quickly and safely. I understand how body position changes with terrain. I also shift gears often, as the terrain changes, as I am prepared by looking ahead. I understand the front and rear brakes are very different, but need more guidance regarding when to use them. I can lift over a curb and stand and climb. I need to learn how to ride through a ditch/dip safely.

\_\_\_\_\_**Intermediate:** I use my brakes at the right time. I can lift my wheel over a curb or small obstacle and unweight my rear too, so I do not pinch flat. I can safely execute extreme transitions (ditch's) I am confident climbing and descending, but really want to learn to ride more advanced switchbacks, obstacles on climbs and descents, corner better on loose gravel turns and bunny hop over a log.

\_\_\_\_\_**Advanced:** I want to improve my skills like high speed loose/gravel turns. One wheel at a time drop in and 2 wheel together drop offs, hitting small jumps, "pump track" at FLC Frisbee golf course, track stand, seeing & using the subtle terrain nuances to surf your bike, wheelie thru a dip, taller step ups while climbing.

Please list the trails you ride around Durango:

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### Release of Liability

I assume and acknowledge the inherent risks and dangers in mountain biking and other activities offered at the clinic. This includes but is not limited to existing and changing weather and trail conditions, rocks, stumps, trees, variations in terrain; collisions with natural or man-made objects or other bikers; and failure of guest to bike within their own ability. I agree to assume those risks and release and hold Durango Mountain Bike Camp, Inc., their officers, directors, employees, contractors, partners, agents and affiliates harmless from, and waive any claim against the Camp, as to any injury that may occur while attending Durango Mountain Bike Camp, Inc. (DMBC).

Signature \_\_\_\_\_ Date \_\_\_\_\_

- Please mail this form with your check to 4166 County Road 203, fax to 382-8734 or you may bring it to Mountain Bike Specialists located at 949 Main Avenue

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